After watching *Teen Truth: An Inside Look at Drug and Alcohol Abuse* and participating in the class activities included in this Teacher’s Resource Book, your students will be able to:

- realize that there is no such thing as a “safe recreational drug”
- appreciate that the choices they make now can have significant consequences for their future
- identify the important characteristics of addiction
- understand how the addictive process gets started
- know that the addictive process is progressive and does not stop until the user gets help or is destroyed by drug abuse
- recognize key facts about many dangerous drugs, both legal and illicit
- learn some of the ways an addict can get help
- appreciate that drugs are not necessary in order to enjoy life, deal with stress or relax
- learn skills for avoiding peer influence to experiment with drugs or engage in risky behavior
- understand that people who get involved with drugs usually regret their decision