1. Which of the following is not a known cause of psychological disorders?
   a) a person's genetic makeup
   b) chemical imbalances in the brain
   c) previous exposure to radiation
   d) traumatic life events

2. True or false: Psychological disorders are not as real as medical disorders.
   a) True
   b) False

3. Which of the following is not considered an eating disorder?
   a) anorexia nervosa
   b) bulimia nervosa
   c) eating disorder not otherwise specified
   d) comida nervosa

4. ADHD stands for:
   a) attention directed hyperactivity disorder
   b) attention dysfunction hyperactivity disorder
   c) affective deficit hyperactivity disorder
   d) attention deficit hyperactivity disorder

5. The most common psychological disorder suffered by teens is:
   a) one of several eating disorders
   b) depression
   c) ADHD
   d) anxiety

This activity is continued on the next page.
6. True or false: Psychological disorders can be caused by chemical imbalances in the brain.
   a) True
   b) False

7. What percentage of anorexics die from their disorder?
   a) 5 to 10 percent
   b) 15 to 20 percent
   c) 20 to 25 percent
   d) more than 30 percent

8. Which of the following statements is true?
   a) People with ADHD tend to “hyper-focus,” or get very focused on one thing
      and be unable to pay attention to other things going on around them.
   b) There is no genetic component to ADHD.
   c) ADHD is most often diagnosed in adults over the age of 25.
   d) ADHD cannot be treated with medication.

9. True or false: Substance abuse is not a psychological disorder.
   a) True
   b) False

10. Which of the following is a typical symptom of an anxiety disorder?
    a) Getting worried occasionally.
    b) Feeling anxious before a final exam.
    c) Thinking that it is stressful to be a teen.
    d) Feeling anxious, nervous and tense all the time, even on regular days.