1. Which of the following drugs is not available as an over-the-counter (OTC) medicine?
   a. allergy medications
   b. pain relievers
   c. attention deficit-hyperactivity disorder medications
   d. sleeping pills

2. Which of these is an example of how to use a prescription drug properly?
   a. borrowing a friend’s medicine to help you study
   b. following the directions on a drug that was prescribed for you
   c. taking more than the prescribed dose when you feel you need it
   d. taking a drug for reasons other than what it’s supposed to be used for

3. OxyContin® and Vicodin® belong to a class of drugs called ________.
   a. opiates
   b. stimulants
   c. depressants
   d. hallucinogens

4. Depressants are prescribed to treat ________.
   a. attention deficit hyperactivity disorder (ADHD)
   b. anxiety and sleep disorders
   c. psychosis
   d. pain

5. Which of these statements about stimulants is not true?
   a. In high doses, they can make your heart stop.
   b. Ritalin® and Adderall® belong to this class of drug.
   c. They are often prescribed to treat ADHD.
   d. When abused, they can slow your breathing or cause a coma.

This activity is continued on the next page.
6. Opiate painkillers are most similar to which other drug?
   a. heroin
   b. alcohol
   c. cocaine
   d. cough syrup

7. What does polypharmacy mean?
   a. shopping at more than three different pharmacies
   b. taking different prescription or OTC drugs at the same time
   c. alternative medicine
   d. refusing to take medication

8. Which of the following is not a potential outcome when someone combines prescription or OTC drugs with other drugs or alcohol?
   a. lungs or heart stopping
   b. overdose
   c. increased effectiveness of the drug
   d. death

9. Vomiting, fever, chills, body aches and insomnia are all symptoms of ______.
   a. withdrawal
   b. overdose
   c. addiction
   d. pneumonia

10. Which OTC drug can cause hallucinations, diarrhea, vomiting and death?
    a. diet pills
    b. sleeping pills
    c. nutritional supplements
    d. cough syrup