Learning Objectives

After watching the video *What’s Up With E-Cigarettes?* and participating in the class activities included in this Teacher’s Resource Book, your students will be able to:

- recognize that e-cigarettes and other vapor-based devices contain nicotine and thus can cause addiction
- understand that nicotine is an addictive drug which can be administered in many forms
- realize that these devices are unregulated by the FDA and often contain added chemicals that may have long-term health effects
- consider the environmental impact of disposable lithium batteries being discarded in the trash
- understand the concepts of addiction and withdrawal
- identify ways tobacco companies target young people
- realize that no form of nicotine—whether smoked or “vaped”—is safe