1. An e-cigarette is ______ .
   a) a battery-powered inhaler that is designed to vaporize liquid nicotine in a way
      that mimics traditional cigarette smoking
   b) a plastic device shaped like a pen that contains nothing but water vapor
   c) an environmentally safe cigarette that emits only water vapor but no
      dangerous chemicals
   d) a safe way to smoke

2. Which of the following substances has NOT been identified in the vapor that
   comes out of an e-cigarette?
   a) distilled water
   b) diethylene glycol
   c) tar
   d) none of the above

3. The vapor that is exhaled after a person takes a drag on an e-cigarette ______ .
   a) cannot be detected by people who are near the smoker
   b) contains levels of nicotine that can be absorbed by those nearby
   c) consists of nothing but water
   d) has a distinct odor that is similar to regular tobacco cigarettes

4. Which of these statements is false?
   a) Exhaling nicotine vapor exposes others to secondhand vapors.
   b) Because e-cigarettes are not tobacco products, they cannot be regulated
      by the Federal Drug Administration.
   c) It is not legal to advertise e-cigarettes on broadcast radio or television.
   d) Nicotine is one of the most addictive substances in the world.

5. Nicotine affects the _____ within the brain, causing a great sense of
   satisfaction and relief.
   a) dopamine releasing centers
   b) cerebral cortex
   c) grey matter
   d) cognitive dissonance

This activity is continued on the next page.
6. Which of these are NOT typical of nicotine withdrawal?
   a) agitation and anxiety
   b) headaches
   c) loss of appetite or nausea
   d) extreme thirst

7. Several smoking cessation methods have been approved by the Food and Drug Administration, but NOT _____.
   a) transdermal nicotine patches
   b) nicotine lozenges or gum
   c) e-cigarettes, hookah pens or other vaping devices
   d) All the above are approved smoking cessation methods

8. Nicotine is classified as an addictive _____ drug that increases the body’s _____.
   a) metabolic / nervous system and appetite
   b) peripheral / stamina and curiosity
   c) narcotic / alertness and balance
   d) stimulant / metabolism and heart rate

9. Nicotine can affect certain areas of the adolescent brain that _____.
   a) control muscle and bone growth
   b) are responsible for impulse control
   c) increase the likelihood for addiction to other substances in the future
   d) all of the above

10. New research shows that _____ of high school students who have used an e-cigarette have never smoked a traditional cigarette.
    a) 3%
    b) 7%
    c) 12%
    d) 29%

The Answer Key appears on the next page.
Answer Key

1. a
2. c
3. b
4. c
5. a
6. d
7. c
8. d
9. c
10. b